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## Education

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- 2007-2009 Murdoch University –Western Australia  
Masters of Applied Psychology (Clinical)  
Thesis: *The effects of stimulation tasks on Autobiographical memory*
- 2005-2006 Murdoch University – Western Australia  
Postgraduate Diploma in Psychology  
Thesis: *Denying humanness to other cultures: does the infra-humanization effect apply to different characteristics of human essence.*
- 2001-2004 University of Iceland – Reykjavík, Island  
Bachelor Degree in Psychology  
Thesis: *The utility of the Icelandic version of the WASI: Validity evaluation*
- 2000-2001 Breiðhollt College- Iceland Design and handcraft
- 1997-2000 Breiðhollt College –Iceland Social studies

**Languages:** Icelandic, English and German

## Publications

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- Hodkinson, K., Acevedo, T. & Kristjansdottir, K. (2017). Tug of War Could Polarized Parenting Advice Cause Harm? *International Journal of Birth and Parent Education*.
- Kristjansdottir, K., & Lee, C. W. (2011). A comparison of visual versus auditory concurrent tasks on reducing the distress and vividness of aversive autobiographical memories. *Journal of EMDR Practice and Research*, 5 (2), 34-41. doi:10.1891/1933-3196.5.2.34.
- Graf, C., Kristjánsdóttir, K., Wolkerstorfer, P., Oppenauer-Meerskraut, C., & Tscheligi, M. (2010). Users understanding of data storage and data traveling.
- Graf, C., Wolkerstorfer, P., Kristjánsdóttir, K., & Tscheligi, M. (2010). What is your privacy preference?  
an insight into users understanding of privacy terms.
- Kristjansdottir, K., & Lee, C. W. (2011). A comparison of visual versus auditory concurrent tasks on reducing the distress and vividness of aversive autobiographical memories. *Journal of EMDR Practice and Research*, 5 (2), 34-41. doi:10.1891/1933-3196.5.2.34.

## **Courses taught**

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### Bachelor

PSYC 1100 Introduction to Psychology  
PSYC 2475 Topics in Sex and Gender  
PSYC 3025 Psychology and Ethics  
PSYC 3325 Applied Learning Theory  
PSYC 4225 Introduction to Clinical Psychology  
PSYC 4300 Health Psychology  
PSYC 4825 Senior Thesis

### Graduate

PSYC 5100 Approaches to Counseling and Therapy  
PSYC 6300 Internship

## **Other Training**

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|                |  |
|----------------|--|
| Wien 2020      | Lehrgang Klinische Psychologie, Österreichische Akademie für Psychologie                           |
| Wien 2021      | Neurofeedback trainer , Dr. Schmid, Mindmedia Fortbildung gemäß Psychologengesetz 2013 (AT) 125 EH |
| Wien 2018 /19  | ISST Schematherapie 25 stunden Seminars, Zentren für Seelische Gesundheit BBRZMED 56 EH            |
| Wien 2018      | Meditation teacher training, The Mindfulness Center  |
| Wien 2014      | Mindful Motherhood Professional Training 15 CE   |
| 2013 Wien      | Making EMDR effective and developmentally appropriate for children, Ana Gomez (12 CE credits)      |
| 2008 Australia | EMDR therapist training Level 1 Australia  |
| 2006 Australia | Parent-child Mother Goose Program Teacher Training   |

## **Membership**

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BÖP Berufsband Österreichischer PsychologInnen  
Australian Psychology Association  
Icelandic Psychology Association  
Murdoch University Alumni  
Wester Australia Sexology Society (WASS)

## **Professional Experience**

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## **AUSTRIA**

- Austria 2020-currently Private practice psychological consultation <https://viennatherapy.com/>
- August 2015 –  
currently Webster Vienna University, Lecturer, Manager and supervisor of student counseling services.
- 2016 to currently Manager of the Icelandic school Vienna
- August 2010-2013 CURE Center for usability research and engineering. HCI researcher.

## **Australia**

- 2008-2009 *Armadale Hospital*, Community Health, Developmental Team, Clinical Psychologist Trainee
- 2008 *Gosnells Women's Health Centre*. Group facilitator in a group therapy for women with Postnatal Depression.
- 2008 *King Edwards Memorial Hospital*, Department of Psychological Medicine Placement for Clinical Psychology Trainee.
- 2008 *Hampton Road Learning Centre*- Assistant, general reception and administration work.
- 2007-2008 *Murdoch University*-Research assistant for Dr. Paul Bain, assisting with data collections, SPSS entering and interpretation for social psychology research.
- 2006-2007 *Extra Edge Community Services (EECS)*, *Employment Directions*- Administration and group facilitator.
- 2005-2006 *Extra Edge Community Services (EECS)*, *Employment Directions*- Program Evaluator for the Bentley Yarn Carriers program.

## **Iceland**

- 2000- 2007 Ragna Frodadottir- Fashion Designer
- Summer 2005 *Reykjavik Municipal Work School*- Group leader. RMWS offers summer jobs for adolescents (13 to 16 years old) living in Reykjavik.
- 2004-2005 *National Hospital*, Section 28- Psychiatric facility, rehabilitation, working with people with long standing psychiatric illnesses training for independent living and integrating into the workforce.
- 2000- 2004 *Hulduhlíð*- Group home for men with developmental Disabilities, working with them towards an independent living and integration into workforce.
- 1999-2000 *Hlein*- Group home for multi-handicapped people, Reykjalundur Hospital