



Webster
UNIVERSITY

Vienna
Private University

Psychology is the study of the human mind and the behavior it generates. Learning about psychology means learning about yourself. It is a field that touches all facets of life.



The American University
with a Global Perspective

Psychology

Master of Arts (MA) in Psychology with an Emphasis in Counseling Psychology

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The mission of the MA in Psychology is to provide you with the knowledge and skills necessary to become competent in counseling psychology through academic and experiential teaching and to prepare you for further academic endeavors including any PhD program.

The program aims at educating future psychologists who have a sound knowledge of the theory and practice of counseling psychology, who are competent consumers and creative producers of social-science research, who are competent in counseling practice, and who are ethical and sensitive to the cultures, values, and worlds of various clients.

Viewing research and practice as interdependent and mutually supportive, the MA in Psychology program is based on the scientist-practitioner training model. The program is committed to both (1) preparing counseling psychologists for advanced doctoral studies in psychology and (2) providing training and experience that prepare students for practice. Its goal is to train psychologists who have a sound knowledge of the bases of counseling and psychotherapy. The program's multicultural perspective, reinforced by its location in Vienna and diverse student body, means that you will leave the program competent to conduct research and practice psychology in a multicultural environment.

Due to its unique student faculty ratio and the cutting-edge research equipment, as a student in this program you will have the opportunity to work with faculty on research projects, whether through studying behavioral or clinical questions or using the program's state-of-the-art laboratory to pursue neuroscience topics. Furthermore, Webster Vienna has cooperations with local psychologists, psychotherapists, neurologists, health agencies, international schools, etc. for internships.



Kelly Underwood

MA IN PSYCHOLOGY,
US EMBASSY
INSTRUCTIONAL
ASSISTANT, AMERICAN
INT. SCHOOL VIENNA

»Studying at Webster University provided endless opportunities that gave me a chance to use my creativity and transform ideas into action. During my studies, I was given the opportunity to help develop and establish the Student Counseling Center, and through an internship at the American International School, I was able to obtain the job I currently hold as an assistant for students with learning disabilities. Webster University helped me develop the necessary skills that have served my academic and occupational success.«

Upon successful completion of the program, students will be able to:

- Explain the main approaches to counseling and psychotherapy and the role of the therapeutic relationship.
- Describe important theories of human development and examine their significance to counseling psychology.
- Discuss the major categories of psychological disorders and use this knowledge to assess and diagnose psychopathology.
- Describe the mechanisms of action for a variety of psychopharmacological agents and evaluate the role of psychopharmacology in counseling psychology.
- Describe the importance of professional ethics and demonstrate how ethical standards and legal requirements are relevant to the practice of counseling and psychotherapy.
- Administer and interpret various widely-used psychological tests.
- Construct the appropriate research design, collect data, and implement the necessary statistical techniques to answer research questions relevant to counseling psychology.
- Demonstrate practical counseling skills that can be applied to individuals and groups to address a broad range of issues and settings.
- Integrate theory, experience, behavioral observation and analysis to systematically enhance counseling knowledge and skills.
- Evaluate the appropriateness of various counseling approaches to different cultures, values, and world-views of various clients and choose appropriate approaches.

Your time at university is an excellent opportunity to meet new people and enhance your skills in a more informal setting. Vienna is an exciting city for psychology students. Here you can walk in the footsteps of ground-breaking thinkers such as Freud, Frankl, Adler and Bettelheim. The student-led psychology club takes advantage of what the city has to offer and organizes regular meetings and excursions.

CORE COURSES

The Master of Arts in Psychology with an Emphasis in Counseling Psychology requires a student to complete 48 credit hours.

DURATION: 2 YEARS

BASES OF COUNSELING PSYCHOLOGY

PSYC 5000

This course provides an introduction to the field of Counseling Psychology. Participants learn about the development of the profession, ethical and professional issues and the role of research and science in the field. A primary goal for the course is to establish a greater understanding of the counseling process and the importance of the therapeutic relationship in combination with the use of specific techniques.

APPROACHES TO COUNSELING AND THERAPY

PSYC 5100

This course is a survey of the following major approaches to counseling and psychotherapy: psychoanalytic-psychodynamic, behavioral, cognitive-behavioral, and family systems counseling and therapy. The course explores underlying theories, principles, techniques, and areas of applications of these main approaches to counseling and psychotherapy.

ADVANCED DEVELOPMENTAL PSYCHOLOGY

PSYC 5200

This course covers research and theory concerning the psychological development of the maturing human. This course emphasizes the research basis of developmental psychology and the role of developmental psychology for counseling and therapy.

PSYCHOPATHOLOGY

PSYC 5300

This course focuses on the understanding and identification of the major psychological disorders as detailed in the current issues of DSM (Diagnostic and Statistical Manual of Mental Disorders, issued by the APA) and ICD (International Statistical Classification of Diseases and Related Health Problems, issued by the WHO). The behavioral manifestations and psychological dynamics of mental disorders will be explored, focusing on therapeutic assessment issues and case conceptualization. The course also includes a discussion of practical aspects of dealing with psychopathology in out-patient and in-patient settings.

RESEARCH DESIGN

PSYC 5400

This course both examines the role of science and methods of research in Counseling Psychology and psychotherapy on a theoretical and philosophical level. The general and advanced aspects of research in Counseling Psychology as well as diverse research designs in process research, evaluation, and documentation are explored, including the concurrent quantitative and qualitative methods.

ASSESSMENT

PSYC 5500

This course covers topics relevant to assessment in counseling psychology, including procedures for diagnostic interviewing, report writing, interpreting personality and performance assessments and ethical issues in testing. The course acquaints students with key psychometric concepts and several commonly used assessment instruments in counseling psychology, including objective personality and intelligence inventories. It focuses on specific aspects of assessment in therapeutic settings and in different schools of therapy.

GROUP PROCESSES AND GROUP THERAPY

PSYC 5600

This course introduces participants to the theory of some of the most important processes and phenomena in groups. It explores various types of groups, the role of a group leader or facilitator, and the group process. Group phenomena, to be discussed and experienced, concern diverse areas and group forms. Included aspects are social influences on individuals in groups, beliefs and attitudes, social facilitation, group norms and deviance, minority influence, helping in groups, facilitation of groups, power and control dynamics, group development, models of group interaction, group performance, and conflict in groups.

PSYCHOPHARMACOLOGY

PSYC 5700

This course explores the relationship between Counseling Psychology, psychotherapy and psychotropic drugs. Brain neuroanatomy, various types of psychopharmacological agents and their mechanisms are discussed. Current status of psychopharmacology research and modern application are included.

ETHICAL AND LEGAL FOUNDATIONS

PSYC 5800

This course focuses on identifying and resolving ethical dilemmas, the relationship of personal values with ethical practice, and the philosophical foundations of ethical practice. In addition to exploring ethical foundations, the course also examines

the surrounding conditions and regulatory framework relevant to the practice of Counseling Psychology and psychotherapy. International and national legal regulations from diverse areas of law will be explored.

APPLIED STATISTICS AND RESEARCH METHODS

PSYC 5900

This course builds on undergraduate knowledge of statistics and research methods. It is intended for graduate students who are engaged in or will shortly be engaged in their own empirical research (Master's Thesis). The course (1) provides a practice-oriented overview of selected statistical procedures and of quantitative and qualitative research methods and (2) provides the possibility to develop ideas and skills for conducting one's own research and analyzing one's own data.

SPECIAL TOPICS IN COUNSELING PSYCHOLOGY

PSYC 6000

This course introduces students to topics of special interest within the field of counseling psychology. The course may be presented as a one credit hour course focused on a particular counseling topic. Consequently, this course may be repeated for credit if content differs.

MASTER'S THESIS

PSYC 6100

The Master's Thesis consists of an individual research project designed by the student and carried out over the duration of at least one semester, under the direction of a thesis faculty advisor. The thesis project allows students to contribute to research in the field and to gain important research experience necessary for entrance into a doctoral program.

PRACTICE AND SUPERVISION

PSYC 6200

This course provides students with the opportunity to practice and develop their counseling skills with others, and it gives the instructor the opportunity to observe, evaluate, and develop student skills in counseling interactions. The basis of the class relies on activities and exercises in the counseling lab, supported by modern technical equipment and group supervision.

INTERNSHIP

PSYC 6300

The internship, a fieldwork experience, provides a supervised transition from learning in the classroom to the professional field of counseling in providing the student with the practical application of counseling knowledge and skills. It consists of 500 hours of professional experience in qualified institutions of the social and/or health care system, which provides the opportunity to perform a variety of activities related to counseling psychology and therapy.



Dr. Peter Walla

HEAD OF THE
PSYCHOLOGY
DEPARTMENT

»Psychology is relevant to everything that matters because psychology is about the human mind and the behavior that it generates. Human behavior is everywhere.«

The Cognitive and Affective Neuroscience & Behavior, or **CanBeLab** — allows for research collaboration with international and local partners. In the lab, we can carry out various kinds of data collection and processing including methods such as electroencephalography (EEG), electromyography (EMG; in particular facial EMG), startle reflex modulation (SRM), behavioral measures (facial expression analysis, reaction time and response accuracy) and more.

The brain knows more than it admits to our own consciousness and with our technologies we get access to that knowledge in order to better understand and predict human behavior.

Career Opportunities

- Mental health agencies
- Medical centers
- Social services
- Rehabilitation agencies
- Private practices
- Human resources departments
- Personnel departments
- Schools or universities
- Training and consulting firms

The understanding of human behavior and the analytical skills gained through a study of psychology are transferable to a number of careers, even outside traditional psychology fields.

For further information about the program, please visit webster.ac.at/psychology

How to Apply

To apply to the MA in Psychology with an Emphasis in Counseling Psychology please contact our Admissions Department at admissions@webster.ac.at or apply online at webster.ac.at/apply-now.

In addition to meeting Webster Vienna's general admission requirements in terms of English proficiency, applicants to the MA in Psychology with an Emphasis in Counseling Psychology degree program must already hold a Bachelor's degree in Psychology from an accredited university. Applicants considered for admission are required to meet for a personal interview with members of the program.

For students holding a Bachelor Degree other than in Psychology, there is an option to apply for a sequential Bachelor in Psychology at Webster Vienna Private University.

Accreditations



Webster University is accredited in the United States by the Higher Learning Commission. The accreditation, which was first awarded in 1925, includes undergraduate and graduate degree programs at all locations worldwide where Webster University offers its programs.



Webster Vienna Private University has been accredited by the Agency for Quality Assurance and Accreditation Austria (AQ Austria) as an Austrian Private University since 2001.

More awards and recognitions:
webster.ac.at/accreditations

Save time and money for the Austrian Propädeutikum

To legally practice psychology in Austria, you must complete a two-step educational program. The theoretical portion is known as the Propädeutikum. While usually taught as a separate paid course of study at other institutions, some of Webster Vienna's courses are already accredited as part of it.

Webster Vienna Private University
Accredited in the U.S. and Austria

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